



Feadhmeannacht na Seirbhíse Sláinte  
Health Service Executive

## **Diabetes Structured Care Project / Diabetes Nurse Specialist Referral Protocol**

Patient Group: Patients with Type 2 Diabetes with Poor Glycaemic control

### **Criteria for Referral to Diabetes Nurse For Primary Care**

- Patients with HbA1c >7.5% despite maximum oral agents
- Patients with poor Glycaemic control on insulin therapy
- Patients with recurrent hypoglycaemia
- Patients with loss of hypoglycaemia awareness
- Patients requiring optimisation of Diabetes control preconception-

### **Referral letter should include**

1. Patient's Name
2. Age
3. Year of Diagnosis
4. Current treatment for Diabetes
5. Reason for referral including recent HbA1C
6. Other relevant DM complications

### **Pre- Referral Work-Up**

This will be arranged *by the referring General Practitioner* and should include the Following:

1. FBC
2. Fasting Cholesterol & Tryglicerides.
3. U&E & Creatinine.
4. HbA1c
5. liver function tests
6. microalbuminuria
7. Recent review by Dietician
8. Eye screening within last 6 mths to one year .

### **Referral Back to GP**

When satisfactory blood glucose control has been attained

**PREPARED AND AGREED**