



15th Collaborative DiGP/UCC/IGPNEA/HSE

Type 2 Diabetes in Primary Care Conference

A Holistic Approach

**FREE Conference on
Wednesday 25th September 2024**
In Clayton Silversprings Hotel, Tivoli, Cork, T23 E244

CPD credits applied for (ICGP/NMBI)

Booking Details

- Please complete the attached booking form **by Friday 13th September 2024**
- Please **choose your 2 out of the 9** workshop choices
- Free Car Parking is available
- Public Transport Options Train Kent Station (Cork) and then taxi.
- Bus No8 from Patricks' Street to Mayfield nearby and 5 minute walk.

Conference Accommodation Clayton Silversprings Hotel: (021) 4507533

11.45 am	Registration Open
12.00 – 1.50 pm	Buffet Lunch and Stand Exhibition (Tivoli Suite 1)
1.50pm	Chairperson- Dr Margaret Kiely GP and Chairperson DiGP
2pm	Opening Address- Dr. Andy Phillips, Regional Executive Officer for HSE South West
2.10pm	DiGP Type 2 Diabetes Audit Results Dr. Sheena McHugh, Senior Lecturer, School of Public Health UCC and HRB Research Leader
2.20pm	Keynote Speaker: Type 2 Diabetes a Holistic approach to Management Dr Maeve Durkan – Endocrinologist Bon Secours Hospital Cork
2.55pm	First Workshop (50 minutes)
3.45pm	Tea/Coffee
4.05 pm	Second Workshop (50 minutes)
5pm	Finish

<u>Workshop 1</u> Type 2 Diabetes and Pre-Pregnancy Planning: who needs to know what and when? Dr. Rita Forde Senior Lecturer in Nursing UCC/ ANP Diabetes	<u>Workshop 2</u> Type 2 Diabetes and Liver Disease- Who to refer for fibroscan; metabolic dysfunction-associated steatotic liver disease (MASLD formerly NAFLD) Dr. Farid Ahmad Toor , Hepatologist, CUH	<u>Workshop 3</u> Patient centred dietetic care in Type 2 Diabetes: Collaborative Goal setting Blaithin O’Neill and Elaine Walsh, Senior Community Dietitians – Diabetes HSE Enhanced Community Care Hub
<u>Workshop 4</u> Starting Injectable therapies in the Management of Type 2 Diabetes- Tailoring the treatment regime to the persons lifestyle Regina Morrissey and Mary Lucey CNS Diabetes Integrated Care	<u>Workshop 5</u> Management Challenges for those with Type 2 Diabetes and co-morbidities - Case Studies Dr. Ashling Kennedy, Endocrinologist Integ. Care, Cork	<u>Workshop 6</u> Men’s health and Type 2 Diabetes Erectile Dysfunction Support and treatment Are my Urinary Symptoms associated with Diabetes or something sinister? Orla Defina ANP (Prostate) , CUH.
<u>Workshop 7</u> Waking up to the Importance of Sleep in Type 2 Diabetes Management Dr Mark Rowe GP and Health and Wellness Speaker	<u>Workshop 8</u> Balancing Mind and Body: Navigating Mental Health with Type 2 Diabetes Dr. Aoife O'Sullivan, GP and ICGP Lead Mental Health And Dr. Mona Al Dashti GP and International ICGP fellow Mental Health	<u>Workshop 9</u> Obesity- Starting a Conversation, Assessment and Treatment Options Dr. Rachel Collins, GP with special interest in Obesity Management