

## **7th Collaborative Conference**

### **“Meeting the Challenges of Diabetes in Primary care: A hands on approach”**

**Wednesday 15<sup>th</sup> October 2014  
12:00 noon – 6.30 pm  
Oriel House Hotel, Ballincollig, Co. Cork**

**The Conference is Free to Participants**

**Closing Date for registration:  
Friday 26th September 2014**

**To Book Please complete the attached Form**

**You can select 3 out of 8 Workshops on the Programme**

Car Parking is available at Lidl near the Hotel with shuttle  
bus transfers to and from the venue

Approved for ICGP CME/ABA CEU's

**Oriel House Conference Accommodation Rate:**  
€50 BB per person sharing per night double / twin occupancy  
€70 BB per room per night / single occupancy (021) 4208402

# Conference Programme:

**12:00 noon – 1:50 pm**      **Registration and Buffet Lunch**  
**Stand Exhibition Tobin Suite**

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**2:00 pm**      **Chairperson; Dr. Tom Molloy, GP Charleville & DiGP Director**

**2.05 pm**      **Prof. Henry Smithson, Dept. Of General Practice , UCC.**  
**“The challenge of Self-management in Long Term Conditions”**

**2:40 pm**      **First Workshop (40 minutes)**

**3:25 pm**      **Second Workshop (40 minutes)**

**4:10 pm**      **Tea/Coffee**

**4:30 pm**      **Third Workshop (40 minutes)**

**5:10 pm**      **Dr. Maeve Durkan, Consultant Endocrinologist**  
**“The challenge of the Friday afternoon patient.....”**

**6:00pm**      **Closing Address Ms. Marie Courtney, Cork/Kerry Professional**  
**Development Co-Ordinator for Practice Nursing**

<p align="center"><b><u>Workshop 1</u></b>  <b>Case Studies:</b>  <b>Elderly, Poly-pharmacy, Individualised Targets</b></p> <p>Dr. Antoinette Tuthill (Endocrinologist)            Cork University Hospital</p>	<p align="center"><b><u>Workshop 2</u></b>  <b>Detecting and Managing Atrial Fibrillation in Primary Care</b></p> <p>Professor Stephen Byrne            (Dept. of Pharmacy UCC)            &amp; Fiona Barton CNS            (Cardiovascular)</p>	<p align="center"><b><u>Workshop 3</u></b>  <b>Hypoglycaemia in Type 2 Diabetes</b></p> <p>Ms. Angela O’Riordan            (CNS Diabetes) Kerry</p>
<p align="center"><b><u>Workshop 4</u></b></p> <p><b>Physical Activity: the new vital sign!</b></p> <p>Dr. John O’Riordan, GP, Tower Medical Centre, Cork &amp; Ms. Shirley O’Shea, Senior Health Promotion Officer, HSE</p>	<p align="center"><b><u>Workshop 5</u></b></p> <p><b>Portion Size and Carbohydrate Awareness</b></p> <p>Community Dietitians, HSE South            Ms. Karen Harrington,            Ms. Fiona Rush,            Ms. Anne Marie O’Connor,            Ms. Maeve Collins</p>	<p align="center"><b><u>Workshop 6</u></b></p> <p><b>Preventing Diabetes</b></p> <p>Ms. Bernadette O’Riordan (CNS Diabetes Prevention), West Cork</p>
<p align="center"><b><u>Workshop 7</u></b></p> <p><b>Supporting Individuals in Achieving Life Style Changes</b></p> <p>Ms.Sinead Boyce (CNS Mental Health Cognitive Behaviour Therapist)</p>		<p align="center"><b><u>Workshop 8</u></b></p> <p><b>The use of ABPM in the diagnosis of Hypertension”</b></p> <p>Professor Colin Bradley, Head of Dept of General Practice UCC</p>